



Off Campus Counseling Services

Within 10 miles of campus:

Doorways of Arizona

(4 miles from campus)
4747 N 7th St, Suite #450
Phoenix, AZ 85014
(602) 997-2880

- Takes insurance (Aetna, BCBS, Cigna, UHC)
- Offers grants for self-pay clients
- Specializes in young adults up to age 25
- Faith-based counseling available
- ADD and ADHD, bipolar, depression, eating disorders, mood disorders, OCD, self-harm, social anxiety, substance abuse, suicide prevention, and trauma/EMDR

Central Phoenix Counseling

(4 miles from campus)
Lesley Isaak, LPC
301 E Bethany Home Rd, Suite #C296
Phoenix, AZ 85012
(602) 999-2069
www.lesleyisaaklpc.com

- Self-pay only
- Faith-based counseling available
- ADHD, anger management, anxiety, depression, grief/loss, life transitions, and trauma/EMDR

Catholic Charities Community Services Counseling

(5 miles from campus)
1825 W Northern Ave
Phoenix, AZ 85021
(602) 749-4450
www.catholiccharitiesaz.org
Sliding scale starting at \$25 (income-based)

Crossroads Counseling (Multiple locations)

(6 miles from campus)
Biltmore/Arcadia Location:
2211 E Highland, Suite #240
Phoenix, AZ 85106
(623) 680-3486

www.counselingphoenixscottsdale.com

- Self-pay only
- Faith-based individual, families, couples, groups
- Anxiety, depression, family systems, grief/loss, premarital, PTSD, relationship, and trauma/EMDR

The Phoenix Counseling Collective

(6 miles from campus)

531 E Lynwood St
Phoenix, AZ 85004
(623) 295-9448

www.office@phxcounselingcollective.com

- No insurance accepted; sliding scale available
- Groups offered
- Faith-based counseling available

Momentum Counseling

(9 miles from campus)

Alan Kettering
5902 W Cactus Rd
Glendale, AZ 85304
(623) 377-4737

www.momentumcounselingaz.com

- Self-pay only
- Faith-based counseling for individuals, family, and couples
- ADHD, anxiety, depression, grief/loss, pre-marital and relational struggles

CRISIS RESPONSE:

For immediate crisis dial 911, call Campus Safety at (602) 639.8100 or email wellnesscheck@gcu.edu

- Empact Crisis Line (480) 736-4950
- National Suicide Prevention Lifeline Dial 988 or (800) 273-8255
- Crisis Text Line: Text "HOME" to 741741
- The Urgent Psychiatric Care Center (UPC) (602) 416-7600, 1201 S 7th Ave, Ste #150, Phoenix, AZ 85007
- Warm Line (602) 347-1100 (non-emergency, peer support specialist available 24/7 just to talk)



East Valley:

Kerry Failoni & Associates

1425 W Elliot Rd, Suite #207

Gilbert, AZ 85233

(480) 751-9015

www.kerryfailoniassociates@gmail.com

- Self-pay (sliding scale available)
- Faith-based counseling available
- Anxiety, depression, grief/loss, and trauma/EMDR

Professional Counseling Associates

1830 S Alma School Rd

9332 E Raintree Dr

Suite #112 AND Suite #160

Mesa, AZ 85210

Scottsdale, AZ 85260

(480) 730-6222

- Some providers take insurance
- All mental health issues
- Psychologists on staff
- Faith-based counseling available

Journeys Counseling Center

6515 S. Rural Rd, Suite #101

Tempe, AZ 85283

(480) 656-0500

www.contact.journeys@gmail.com

- No insurance accepted, sliding scale available
- Educational seminars \$40-75/per class
- Faith-based counseling available

West Valley:

Arrowhead Family Systems

18001 N 79th Ave, Suite #B45

Glendale, Arizona 85308

(623) 695-8733

- Self-pay (sliding scale available)
- Faith-based counseling available
- ADHD, anger management, anxiety, chronic illness, depression, family systems, grief, and group therapy

North Central:

Thrive Therapy

4545 E Shea Blvd, Suite #100

Phoenix, AZ 85028

(602) 529-6557

www.thrivetherapyphx.com

- Some providers take insurance
- Sliding scale available for self-pay
- Faith-based counseling; **psychiatrist** on staff
- Addictions, anxiety, depression, eating disorders, grief, mood disorders, relationship issues, self-harm, trauma
- IOPs for eating disorders and chemical dependency

Life Tree Counseling

7075 W Bell Rd, Suite #1

Glendale, AZ 85308

(602) 488-6104

www.lifetreecounselingaz.com

- Faith-based counseling available
- Mood disorders, anxiety, depression, addictions, eating disorders, grief, relationship issues, self-harm, and trauma

Living Hope Counseling

16421 N Tatum Blvd, Suite #124

Phoenix, Arizona 85032

(602) 448-7912

- Self-pay only (sliding scale available)
- Addiction, anxiety, chronic illness, depression, domestic violence, eating disorders, grief/loss, life balance, relationship issues, and trauma/EMDR

Central:

MUV Counseling

7420 E Camelback Rd, Suite #103

Scottsdale, AZ 85251

(480) 300-2635

www.muvcounseling.com

- Self-pay
- Anxiety, depression, PTSD, and transitions
- In person or virtual counseling
- Able to provide virtual counseling to those located in Arizona and Oregon

Additional Counseling Services: www.psychologytoday.com; www.twloha.com/find-help; www.openpathcollective.org
*use filters to search for providers near you, providers who accept various insurance, self-pay, or low-cost plans, and/or providers who specialize in specific/relevant issues