



Off Campus Counseling Services

Within 10 miles of campus:

Doorways of Arizona

(4 miles from campus)

4747 N 7th St, Suite #450 Phoenix, AZ 85014 (602) 997-2880

- Takes insurance (Aetna, BCBS, Cigna, UHC)
- Offers grants for self-pay clients
- Specializes in young adults up to age 25
- Faith-based counseling available
- ADD and ADHD, bipolar, depression, eating disorders, mood disorders, OCD, self-harm, social anxiety, substance abuse, suicide prevention, and trauma/EMDR

Central Phoenix Counseling

(4 miles from campus)

Lesley Isaak, LPC 301 E Bethany Home Rd, Suite #C296 Phoenix, AZ 85012 (602) 999-2069 www.lesleyisaaklpc.com

- Self-pay only
- Faith-based counseling available
- ADHD, anger management, anxiety, depression, grief/loss, life transitions, and trauma/EMDR

Catholic Charities Community Services Counseling

(5 miles from campus)

1825 W Northern Ave Phoenix, AZ 85021 (602) 749-4450 www.catholiccharitiesaz.org Sliding scale starting at \$25 (income-based)

Crossroads Counseling (Multiple locations)

(6 miles from campus)

Biltmore/Arcadia Location:

2211 E Highland, Suite #240

Phoenix, AZ 85106

(623) 680-3486

www.counselingphoenixscottsdale.com

- Self-pay only
- Faith-based individual, families, couples, groups
- Anxiety, depression, family systems, grief/loss, premarital, PTSD, relationship, and trauma/EMDR

The Phoenix Counseling Collective

(6 miles from campus)

531 E Lynwood St Phoenix, AZ 85004 (623) 295-9448

www.office@phxcounselingcollective.com

- No insurance accepted; sliding scale available
- Groups offered
- Faith-based counseling available

Momentum Counseling

(9 miles from campus)

Alan Kettering 5902 W Cactus Rd Glendale, AZ 85304 (623) 377-4737

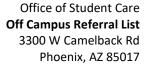
www.momentumcounselingaz.com

- Self-pay only
- Faith-based counseling for individuals, family, and couples
- ADHD, anxiety, depression, grief/loss, pre-marital and relational struggles

CRISIS RESPONSE:

For immediate crisis dial 911, call Campus Safety at (602) 639.8100 or email wellnesscheck@gcu.edu

- Empact Crisis Line (480) 736-4950
- National Suicide Prevention Lifeline Dial 988 or (800) 273-8255
- Crisis Text Line: Text "HOME" to 741741
- The Urgent Psychiatric Care Center (UPC) (602) 416-7600, 1201 S 7th Ave, Ste #150, Phoenix, AZ 85007
- Warm Line (602) 347-1100 (non-emergency, peer support specialist available 24/7 just to talk)





East Valley:

Kerry Failoni & Associates 1425 W Elliot Rd, Suite #207 Gilbert, AZ 85233 (480) 751-9015

www.kerryfailoniassociates@gmail.com

- Self-pay (sliding scale available)
- Faith-based counseling available
- Anxiety, depression, grief/loss, and trauma/EMDR

Professional Counseling Associates

 1830 S Alma School Rd
 9332 E Raintree Dr

 Suite #112
 AND
 Suite #160

 Mesa, AZ 85210
 Scottsdale, AZ 85260

 (480) 730-6222
 Scottsdale, AZ 85260

- Some providers take insurance
- All mental health issues
- Psychologists on staff
- Faith-based counseling available

Journeys Counseling Center

6515 S. Rural Rd, Suite #101

Tempe, AZ 85283

(480) 656-0500

www.contact.journeys@gmail.com

- No insurance accepted, sliding scale available
- Educational seminars \$40-75/per class
- Faith-based counseling available

West Valley:

Arrowhead Family Systems 18001 N 79th Ave, Suite #B45 Glendale, Arizona 85308 (623) 695-8733

- Self-pay (sliding scale available)
- Faith-based counseling available
- ADHD, anger management, anxiety, chronic illness, depression, family systems, grief, and group therapy

North Central:

<u>Thrive Therapy</u>
4545 E Shea Blvd, Suite #100
Phoenix, AZ 85028
(602) 529-6557

www.thrivetherapyphx.com

- Some providers take insurance
- Sliding scale available for self-pay
- Faith-based counseling; psychiatrist on staff
- Addictions, anxiety, depression, eating disorders, grief, mood disorders, relationship issues, self-harm, trauma
- •IOPs for eating disorders and chemical dependency

Life Tree Counseling

7075 W Bell Rd, Suite #1 Glendale, AZ 85308 (602) 488-6104

www.lifetreecounselingaz.com

- Faith-based counseling available
- Mood disorders, anxiety, depression, addictions, eating disorders, grief, relationship issues, self-harm, and trauma

Living Hope Counseling

16421 N Tatum Blvd, Suite #124 Phoenix, Arizona 85032 (602) 448-7912

- Self-pay only (sliding scale available)
- Addiction, anxiety, chronic illness, depression, domestic violence, eating disorders, grief/loss, life balance, relationship issues, and trauma/EMDR

Central:

MUV Counseling

7420 E Camelback Rd, Suite #103 Scottsdale, AZ 85251 (480) 300-2635

www.muvcounseling.com

- Self-pay
- · Anxiety, depression, PTSD, and transitions
- In person or virtual counseling
- Able to provide virtual counseling to those located in Arizona and Oregon

Additional Counseling Services: www.psychologytoday.com; www.twloha.com/find-help; www.openpathcollective.org *use filters to search for providers near you, providers who accept various insurance, self-pay, or low-cost plans, and/or providers who specialize in specific/relevant issues