

# GRAND CANYON UNIVERSITY™



## Athletic Training Orientation

Fall 2017

Make sure you sign in



# Objectives



- Provide students with University Handbook Policies and offer opportunity for any clarification
- Ensure understanding of patient confidentiality and how to protect themselves from blood borne pathogens
- Discuss the communicable disease policy
- Explain the expectations for ATS related to clinical and classroom behaviors
- Get to know your classmates/faculty and build camaraderie



# Prayer



- Galatians 6:4-5: “Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won’t need to compare yourself to anyone else. For we are each responsible for our own conduct.”
- James 1:6: “But when he asks, he must believe and not doubt, because he who doubts is like a wave of the seas, blown and tossed by the wind.”
- Proverbs 19:20: “Listen to advice and accept instruction, and in the end you will be wise.”
- John 1:2 “Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.”



# Athletic Training Faculty



- Brandon Warner, MEd, AT, ATC
  - Assistant Professor, Program Director
  - Office 19-126 (Soon 45-105)
- Mike McKenney, MS, AT, CSCS
  - Instructor, Clinical Education Coordinator
  - Office 45-101D
- Dr. David Mesman, DHA, MEd, AT, ATC
  - Instructor
  - Office 45-101C
- Marc Eilers, MS, AT, ATC
  - Instructor
  - Office 45-101B
- MANY Preceptors and Adjuncts that support the program



# Sports Medicine Club 2017-2018





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# MISSION STATEMENT



“The Sports Medicine Club establishes a strong sense of community within various healthcare professions in order to develop leadership qualities, enhance effective communication skills, and provide its’ members with professional development opportunities that assists in reaching personal and career goals.”



# Club History

- Making Strides Against Breast Cancer Walk
- Athletic training Day at the Capitol
- Arizona Athletic Trainers Association-AZATA
- Rocky Mountain Athletic Trainers Association- RMATA-RMATA in Colorado







# CLUB GOALS



- Community within the club
- Community Involvement/Outreach
- Hands-On Experience
- Professional Development
- September 1<sup>st</sup> 11-12pm location TBD



# FUTURE FUNDRAISING AND POSSIBLE SPEAKER



- Speakers
  - Amy Brannon/Chad Bohls Tops Physical Therapy
  - Career Services - Resume Building
- Fundraisers
  - Jamba Juice
  - World's Finest Chocolate
  - Pancake Breakfast
  - Car Wash





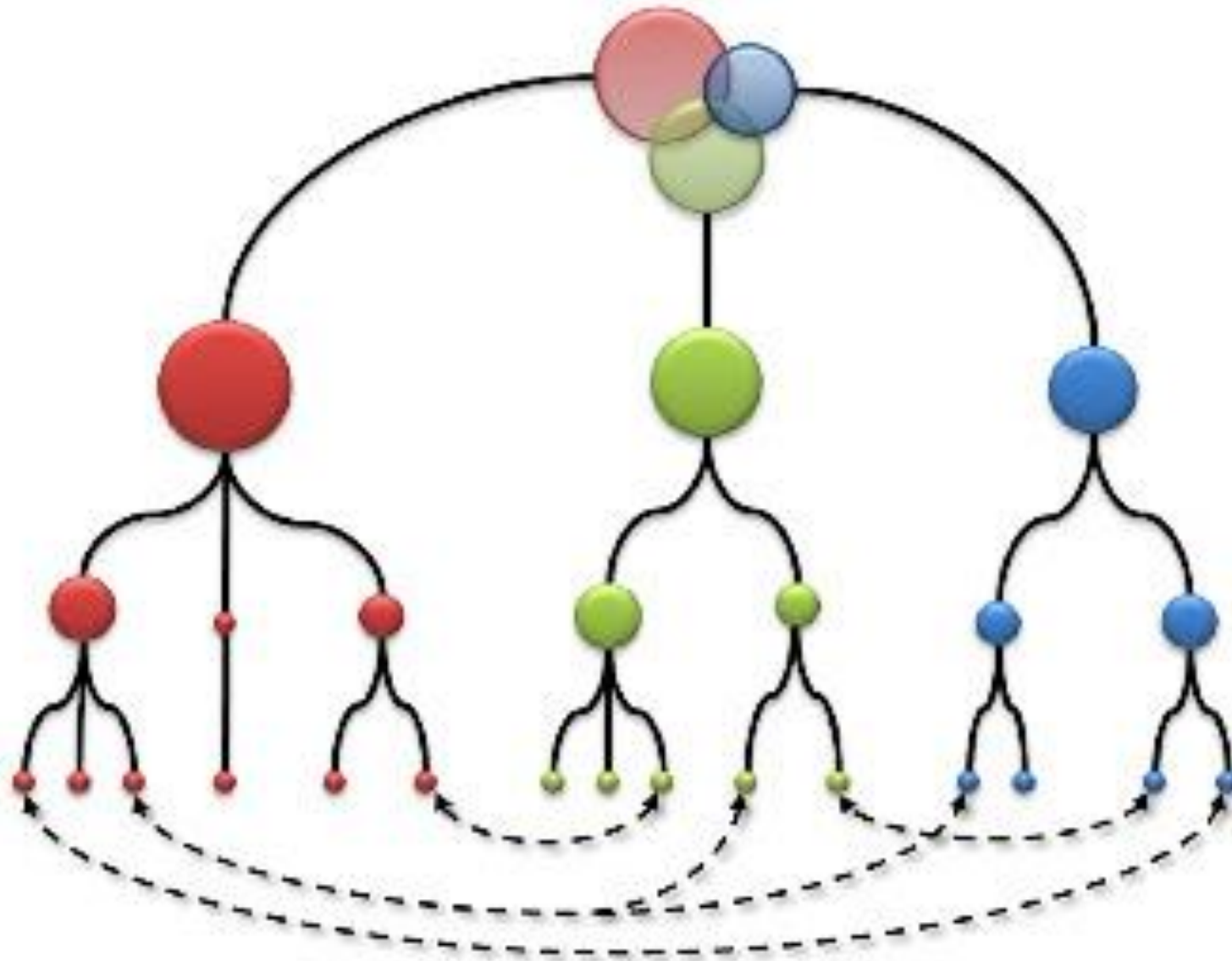
# Future Community Events



- Community Events
  - Student Veterans Association: SVA
  - Breast Cancer Awareness Month/Walk
  - Leukemia and Lymphoma Awareness Month/Walk
  - Run to Fight Children's Cancer
  - Walk for Hearing Loss-11/11/17  
\*40 members or more
  - Holiday Thank You Letters to Troops
  - Habitat for Humanity
  - Light the Night Walk
  - College Kick off Table- 9/6/17 at 5 pm



# Ice Breaker #1





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## Curriculum Updates

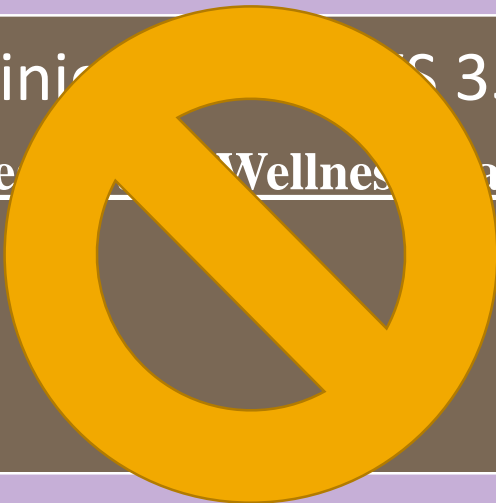


# Clinical Courses- Old version

Clinical 3 EXS 322  
Emergency Care, Taping, Bracing

A large yellow prohibition sign (a circle with a diagonal line) is overlaid on the text, indicating that this course is no longer offered.

Clinical 3 EXS 352  
Health and Wellness Plans

A large yellow prohibition sign (a circle with a diagonal line) is overlaid on the text, indicating that this course is no longer offered.

Clinical 3 EXS 354  
Orthopedic Evaluation Techniques

Clinical 4 EXS 355  
Rehabilitation Plans

Clinical 5 EXS 358  
General Medical Conditions



# Clinical Courses- new version



Clinical 1      ATP 310

Injury Prevention and  
Wellness

Clinical 2      ATP 320

Emergency Care and Lower  
Extremity Evaluation

Clinical 3      ATP 330

Therapeutic Modalities  
and Upper Extremity  
Evaluation

Clinical 4      ATP 440

Therapeutic Interventions

Clinical 5      ATP 450

General Medical  
Conditions and Health  
Care Administration

Clinical 6      ATP 460

Advanced Athletic  
Training

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University Policy and Updates





# Policies & Procedures



- Standard GCU policies, as outlined in the [University Policy Handbook](#), apply to Athletic Training students.
- Students must also follow classroom policies, clinical site policies, and field experience guidelines.
  - Tip: To access the Guidelines for Undergraduate Field Experiences, click on link on the [College of Nursing and Health Care Professions](#) webpage.



# Policies & Procedures



- Students will be held accountable for reading and adhering to all policies and procedures.
- Students will be held accountable for the grade earned according to the CONHCP Undergraduate Grading Scale, located in the University Policy Handbook; faculty will not round scores up.
- Students must pass each course with a score of 76% or higher (exam average must also be 76% of total points).
- Students who fail an exam **must** set up a meeting with the course instructor. Failure to do so may result in reporting to Professional Standards Committee.
- **As an educational institution, our obligation is to produce safe, effective, ethical athletic trainers and to protect the public from harm.**



# ATP Grades



- Achieve a minimum of 76% average for the theory portion of the course.
- Achieve a minimum of 76% average for the graded clinical portion of the course **with satisfactory clinical performance.**
- Achieve a minimum of 76% average for the exam portion of the theory grade.
- All assignments, including pass/fail assignments, must be completed and submitted to earn course credit, with the exception of missed clinical assignments due to absence.

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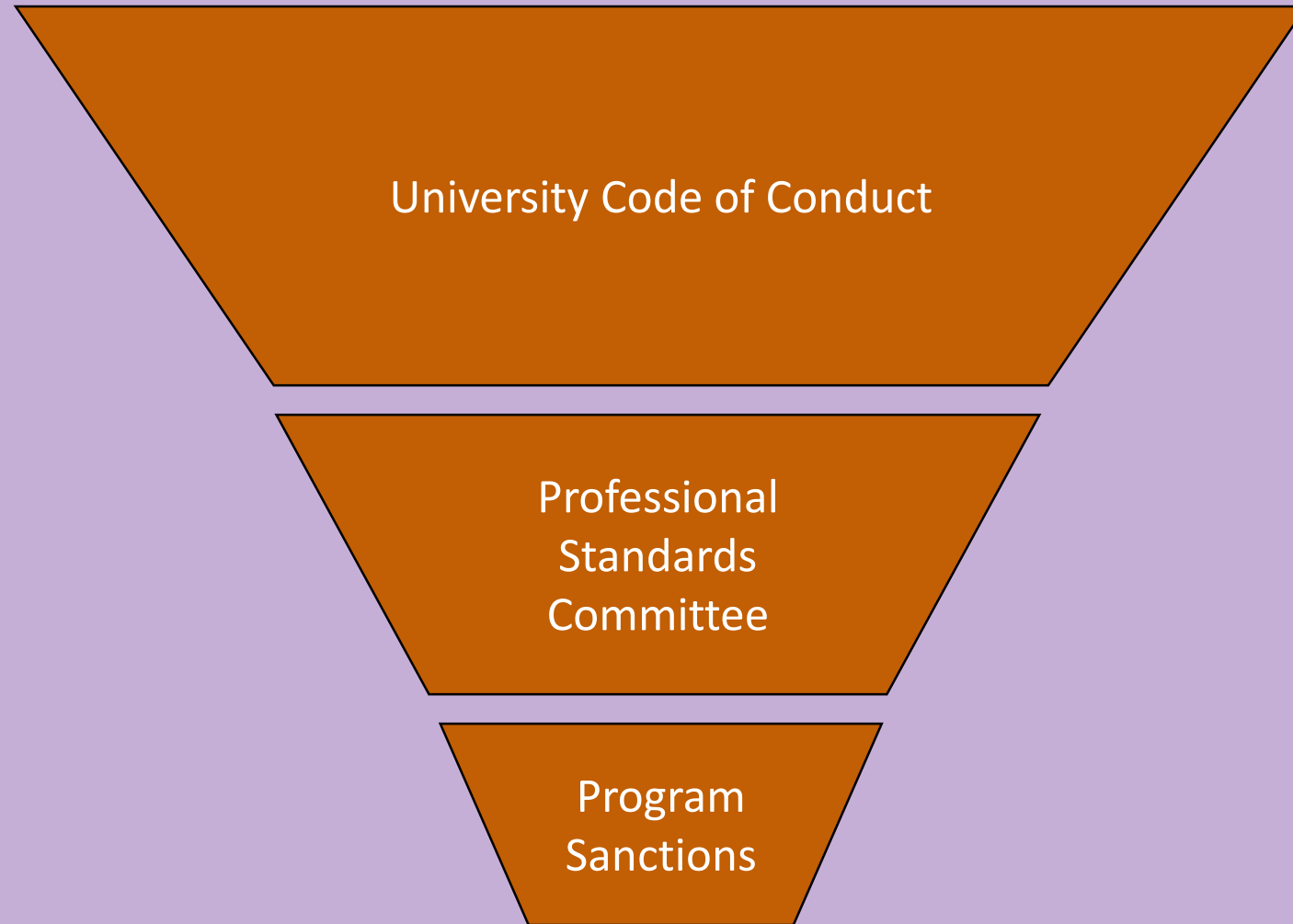


## Code of Conduct





# Code of Conduct Hierarchy





# Examples

- Practicing outside their scope
- Unprofessional conduct
- Sanctions against a license or certification
- Clinical Safety/Risk to the public (Unsafe Practice)
- Falsifying documentation
- Failure to document
- Practicing outside supervision
- Failure to comply with a directive in the clinical setting
- Failure to attend without notification
- Unprepared for clinical
- Breach of privacy/confidentiality
- Late to clinical/tardiness
- Failure to follow policies/guidelines of facility

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Communication



# Ice Breaker #2



- Sports Medicine Club Communication Ice Breaker



# Communication

- IMPORTANT!





# Examples of Written Communication



Subject line of email : Clinical Placement for Fall 2017

Dear Dr. David Mesman,

My name is John Smith. I am a clinical one student in the Athletic Training Program at Grand Canyon University and have been assigned to your rotation. I am excited to be placed at Central State University this fall. I would like to schedule a meeting, before school starts, to discuss my clinical rotation. I am available from 9 am to noon, Monday thru Friday this week. Please let me know what time is convenient for our meeting so I can plan accordingly. If the above times do not work, then we can arrange otherwise, at your convenience. My email address is [i.am.a.student@gcu.edu](mailto:i.am.a.student@gcu.edu) or you can call me at 555-656-1234 to arrange a time to meet. Again, I am thrilled and eager to start my clinical rotation and hope to hear from you soon!

Sincerely,  
John Smith

Subject line of email: Blank

I am super excited to be you're athletic training student this fall. I have always had a passion for track and field because I used to run in school and I can relate to athlete well and I know the pain of being injured while running. Other students. Told me that you are a fun person and are passionate. I am still working on my work schedule so I can come in once that is done so you can pick hours that fit my schedule. Please, call me at 555-656-1234 or email me at [i.am.a.student@gcu.edu](mailto:i.am.a.student@gcu.edu).

# Chain of Command

A blue rectangular box with the text "Conflict Occurs" inside. Two yellow lightning bolt icons point towards the box from the top left and top right.

Conflict  
Occurs

Step 1

- Talk Directly with Preceptor

Step 2

- Talk to Course POC
- Talk to SSC

Step 3

- Talk to Program Director



# Preceptor Conflicts



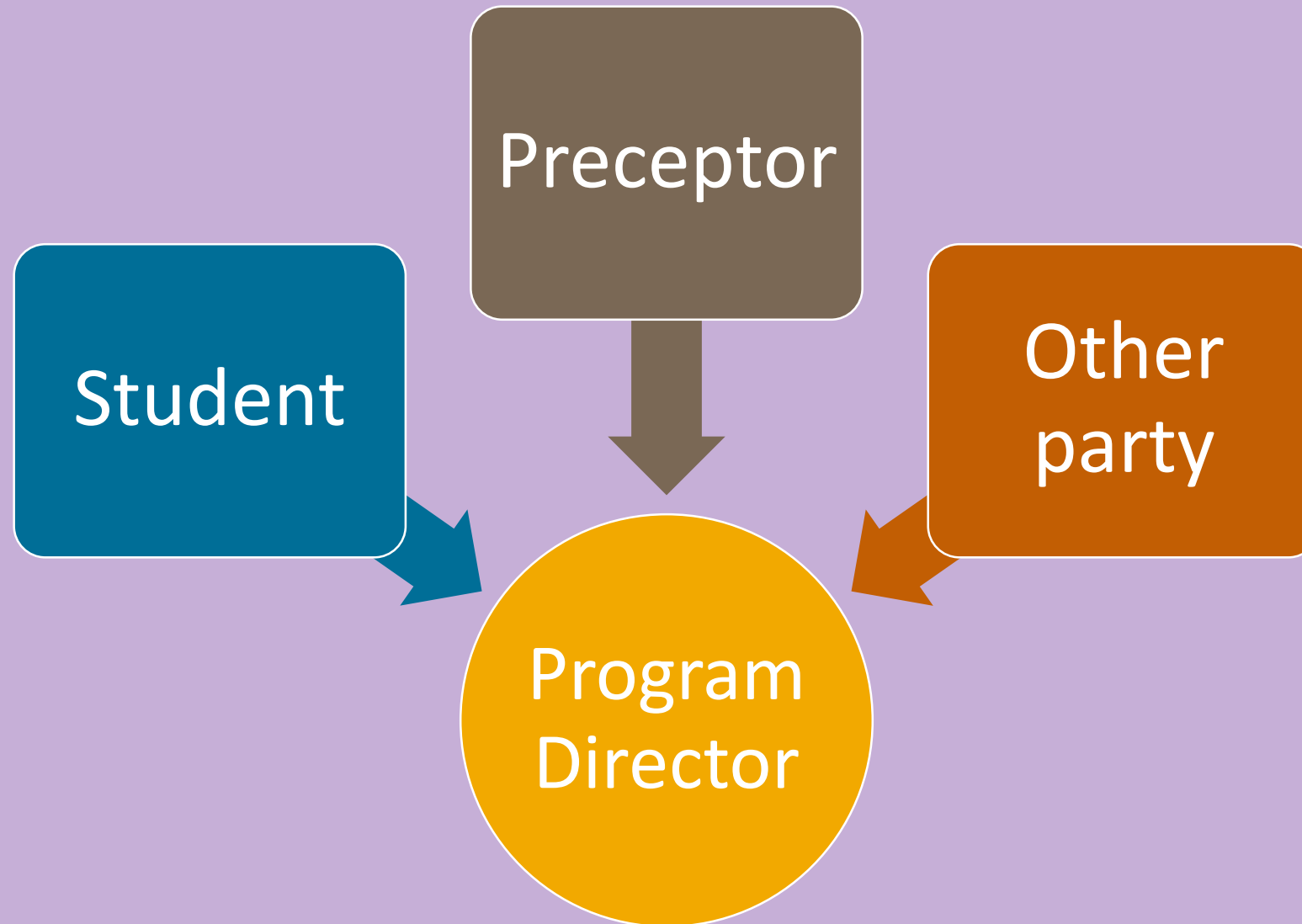
- Don't come to preceptor with problem... come with a possible solution to discuss
- Be a professional when dealing with conflicts and remember to take ownership for your actions

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How a problem gets out of  
control...

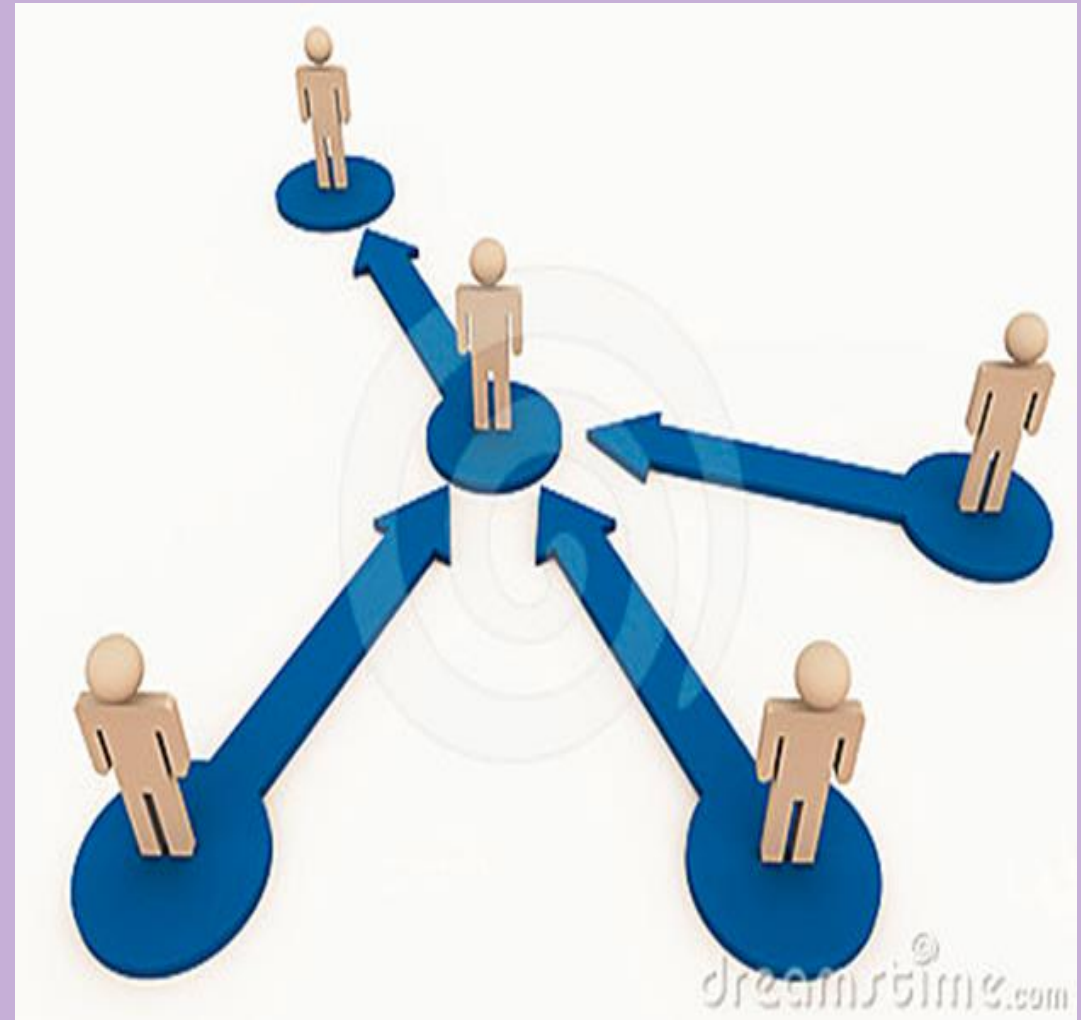
# Chain of Command





# Chain of Command

- Preceptor
- Instructor AND SSC
  - ATP-310 – Michael McKenney
  - EXS-354 – Marc Eilers
  - EXS-358 – Brandon Warner
- Program Director
- Associate Dean- Maria Quimba
- Dean- Dr. Lisa Smith



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## Professionalism

What does this look like for an ATS?



# Characteristics of a Professional and Leader



## Professional

- Appearance
- Demeanor
- Reliability
- Competence
- Ethics
- Poise
- Etiquette
- Written Correspondences
- Organizational Skills
- Accountability

## Leader

- Honesty
- Integrity
- Confidence
- Commitment
- Positive Attitude
- Creativity
- Intuition
- Inspiring
- Visionary
- Moral

# Dress Code





# Dress Code



- Appropriate clinical attire is required for direct patient care clinical rotations.
- Appropriate clinical attire includes student appearance and the clinical uniform.
- Make sure to review the Guidelines for Undergraduate Field Experiences for Professional Dress and Behavior expectations.

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## Incivility

What is this concept?





# Civility

- What is incivility?
  - Rude/disruptive behaviors
  - May cause physiological/psychological distress
  - Can progress into a threatening situation if left unaddressed
- Incivility ranges in levels and demonstrated behaviors.
  - Professional attendance: arriving late or leaving
  - Rude or sarcastic comments
  - Threats or intimidation
  - Acts of physical violence



# Civility

- In a learning environment, incivility may manifest itself as disrespectful behavior directed to students, faculty, or staff.
  - Disapproving groans or eye rolls
  - Sarcastic comments
  - Texting during class
  - Having side conversations
  - Dominating class discussions
  - Making negative comments or questions
  - Inappropriate emails/social media posts
  - Attacking faculty credibility or pressuring faculty to agree to demands



# Civility



- Incivility can have severe consequences for individuals and groups.
  - Create a negative learning environment or professional space
  - Student or employee attrition
  - Feelings of low self-esteem
  - Physical/emotional distress
  - Financial implications



# Civility

- Students can prevent incivility and its effects through:
  - Preparation for the learning and professional environment
  - Respect
  - Having an open mind
  - Personal accountability
  - Professional communication
  - Assuming positive intention
- Intimidating or disruptive behaviors are unprofessional, and it is everyone's responsibility to behave in a civil manner.



# Civility



- Incivility is something you will not be tested on or see on your BOC exam but it is an important issue that affects athletic training education, medical practice, and patient outcomes.
- We all deserve to work and learn in an environment that is safe.
- Everyone benefits from a positive environment.
- Remember: Civil behavior is required in athletic training just as it is required in the workplace.

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Clinical Specific Behaviors and  
Policies





# Professional Participation Requirement



# Ice Breaker #3





# Clinical Checklist



- All of the following are requirements for the Athletic Training Program and need to be valid throughout the entire academic year and on file with OFE:
  - Initial clinical paperwork (Physical)
  - Liability Insurance
  - CPR/AED
  - First Aid
  - NATA member
  - Personal healthcare insurance
  - Technical Standards
  - Blood-borne pathogen and Communicable Disease training
  - HIPAA/FERPA Training/Confidentiality Agreement
- Failure to do so will delay clinical start



# Clinical Checklist



- All of the following is required during your first week of clinical and needs to be turned in on ATrack and Loud Cloud:
  - Clinical Schedule
  - Clinical Goals and Expectations
  - Clinical Prep Quiz
  - Initial Rotation Checklist
- All of these documents can be found in Loud Cloud for your specific clinical course.



# Clinical Time Requirements



- Average of 10 hours per week and a maximum of 20 hours per week
  - Must attain 150 hours per semester to pass clinical.
- Primary focus is proficiencies!!



# Clinical Tardy Policy



- Clinical tardiness is defined as being late at the beginning of a clinical. Any anticipated tardiness is to be reported to the appropriate course faculty and preceptor.
- Consequences of being tardy three times within the same course are:
  - First Occurrence: Student will receive a clinical warning.
  - Second Occurrence: Student will be placed on clinical probation for the second late.
  - Third Occurrence: Student will fail clinical on the third late.





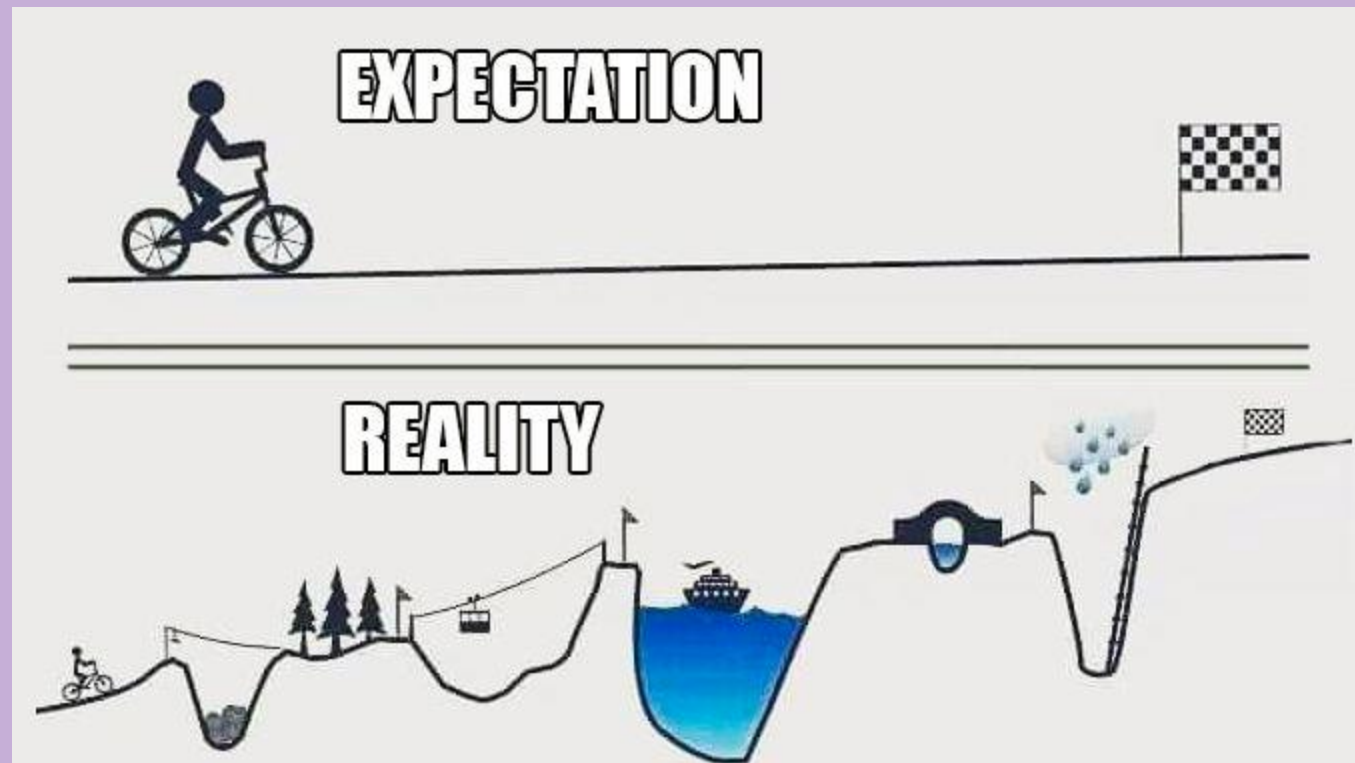
# Clinical Attendance



- Failure to complete the minimum clinical requirements will result in failure of that clinical course.
- All absences are to be reported to the preceptor in a timely manner via email or phone.
- If a student is unable to attend clinical, the student must:
  - Contact, by phone or in person, the course faculty, at least one (1) hour prior to the scheduled clinical time.
  - Notify by phone the designated client or clinical agency, at least one (1) hour prior to the scheduled clinical time.
  - At the discretion of the faculty member, submit a release signed by a health care provider to return to clinical.

# ATP Expectations

- **YOU MAY NOT**
  - Be used in place of ATC.
  - Be paid for clinical experience.
- **YOU MUST BE**
  - Formally instructed before performing skills on patients.
  - Directly supervised.





# Student Clinical Supervision

- Direct Supervision
- First Responder





# Student Travel



- Provide own transportation to clinical
- May not travel on road trips with teams unsupervised!
- Driving is not part of hours!



# Gain Confidence

- Take responsibility for your skill development
- Ask questions
- Practice, practice, practice!



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## Blood-Borne Pathogens



# Blood-Borne Pathogens



- Grand Canyon University acknowledges the inherent risks associated with working around or with patients and health care organizations, including a potential exposure to blood and body fluids.
- Once in a patient care setting, you will have access to and are expected to utilize appropriate blood-borne pathogen barriers, proper sanitary precautions, and appropriate biohazard disposal equipment and procedures at each clinical site.
  - This includes ALWAYS carrying appropriate material in the event of an exposure.
- So what is required of you, the GCU Clinical Student?
  - Refer to the Guidelines for Undergraduate Field Experiences Manual and University Policy Handbook.





# Blood-Borne Pathogens



- You must have and maintain current health insurance and show verification of coverage each year while matriculated in the program.
- GCU and the clinical agencies that provide practical experiences for our students are not responsible or liable for the costs of medical follow-up or expenses incurred.
- If evaluation and treatment is required by the facility where you are completing clinical experiences, the student is responsible for all costs and associated follow up.
- So what is the procedure for if an exposure occurs?



# Blood-Borne Pathogens



- Immediately notify your preceptor, clinical POC and site supervisor
- Wash the area immediately and thoroughly with soap and water.
- Within 24 hours, follow-up with your own Primary Care Provider who will make a determination of immunization status and give appropriate prophylaxis or referral for appropriate prophylaxis.
- Assume full responsibility for disease sequelae.
- Follow the policies of the agency (if any).
- Complete a student incident report with the supervising faculty or instructor who was present during incident. A copy of this report will be given to the College Administrator and placed in the student's file.

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## Communicable Disease Policy



# Communicable Diseases

- A communicable disease is a health disorder that can be passed from one person to another.
- You may not participate in field experiences during the time you are affected by or suspect you have a communicable disease.
- If suspected of communicable disease, you must immediately visit the student health center or personal physician for evaluation. If the evaluation shows possible communicable disease, you must remain out of contact with patients for the duration suggested by the physician.



# Communicable Diseases



- You may not return to participation in field experiences until you have been re-evaluated by a physician, nurse practitioner, or physician assistant and released with written verification from the medical provider.
- You must contact the clinical preceptor and faculty upon suspicion and verification of the disease.
- Refer to the Guidelines for Undergraduate Field Experiences Manual and University Policy Handbook for more details.

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HIPAA/FERPA



# HIPAA



- As health care providers, one of the covered entities athletic trainers must be knowledgeable about the various aspects of the Health Insurance Portability and Accountability Act of 1996 (HIPAA).
- CONHCP offers guidance for those persons to ensure compliance with those requirements and asks that all students sign the HIPAA confidentiality Agreement.
- Refer to page 30 in the Guidelines for Undergraduate Field Experiences Manual for more details.





# HIPAA



- Students are required to do the following:
  - Sign the CONHCP Faculty/Staff/Student Confidentiality Agreement before any involvement in a clinical agency.
  - Attend CONHCP training or in-classroom clinical instruction on requirements relating to patient privacy.
  - Know and adhere to a clinical site's privacy and procedures before undertaking any activities at the site.
  - Maintain at all times the confidentiality of any patient information, regardless of whether the identifiers listed in the "Do not" section of these guidelines have been removed.
  - Promptly report any violation of those procedures, applicable law, or CONHCP's confidentiality agreement by a CONHCP student, faculty or staff member to the appropriate CONHCP clinical instructor or faculty member.
  - Understand that a violation of the clinical site's policies and procedures, of applicable law, or CONHCP's confidentiality agreement will subject the student to disciplinary action.



# HIPAA

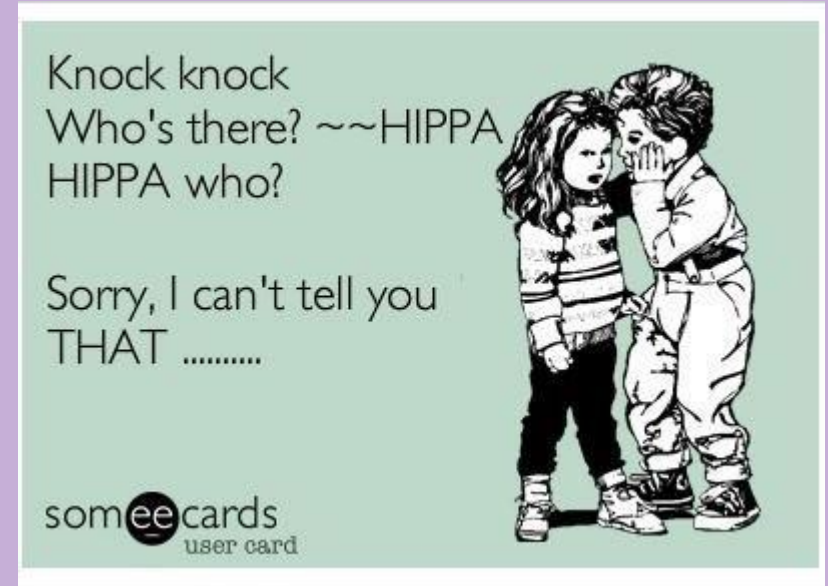


- Students are not to do the following:
  - Discuss, use or disclose any patient information while in the clinical setting unless it is part of the clinical setting.
  - Remove any record from the clinical site without the prior written authorization of that site.
  - Disclose any information about a patient during the clinical assignment to anyone other than the health-care staff of the clinical site.
  - Use patient information in the context of a learning experience, classroom case presentation, class assignment, or research without attempting to exclude as much of the identifying information as possible.

- Social Media

- Does this make me credible?
- Am I engaging others?
- Does this help someone?
- Is this meaningful?
- Is it possible that this would offend a patient?

- Your content may not be directly related to a patient or the health industry – even personal posts can have far-reaching effects.





# HIPAA



- Think about the following examples – would you want to be involved in any of these situations?
  - A student was expelled from school for “disturbing” posts on his/her personal Facebook page .
  - After snap-chatting a catastrophic injury at a football game, an Athletic Training student was expelled.
  - An athletic trainer was fired for offensive Facebook comments.
  - After posting an insensitive Instagram photo, an athletic trainer was terminated from their position after 7 years on the job.
  - Student nurse was expelled after a taking a picture of a three-year-old chemotherapy patient because she was inspired by their bravery.

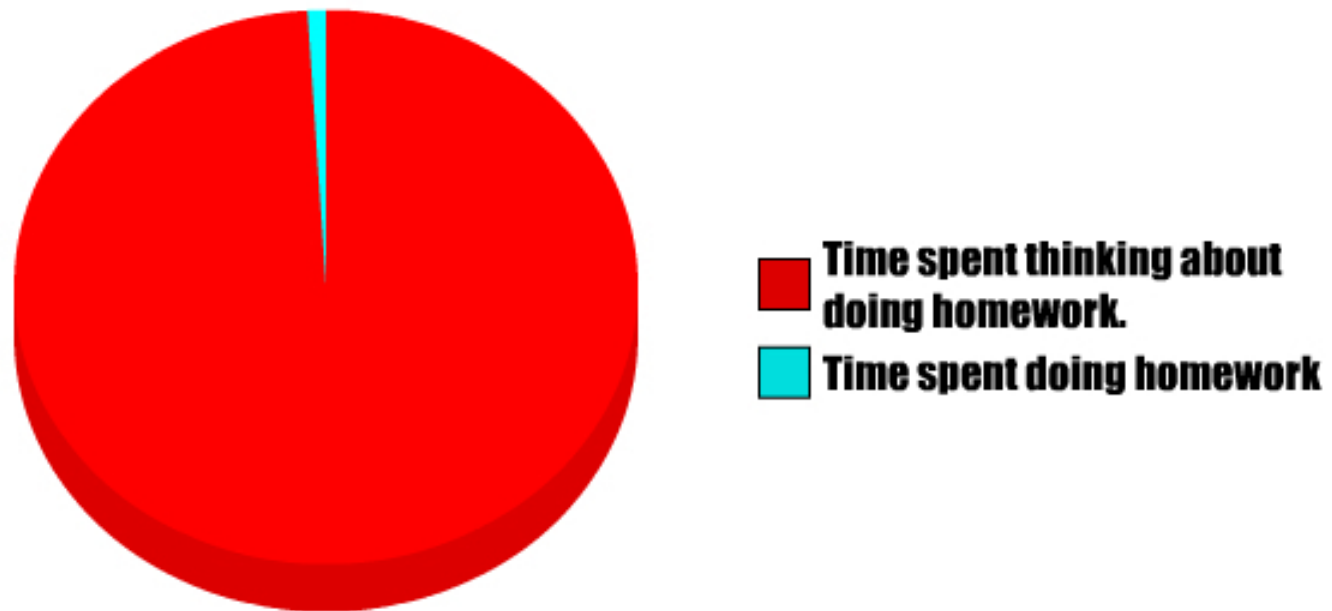
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## Tools for Success

Time Management

## HOMework





# Time Management



- The BS Athletic Training program is a full-time program.
- Concurrent full-time employment is **strongly discouraged** and increases the difficulty for students to complete mandatory clinical coursework and required clinical hours.
- Factors such as organization, time management, and stress management play a role in student success.
  - How will you keep track of your time? Will you invest in a calendar or develop a routine?
  - How can you prevent over-extending yourself and taking on too many commitments?
  - What specific steps will you take to prepare yourself to have the time to succeed?



# The Learning Pyramid

- The learning pyramid shows the least and most optimal methods of retaining information using passive teaching methods (lecture, reading, audiovisual, demonstration) versus participatory teaching methods (discussion, practice, teaching).



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## Tools for Success

Self Care



# Self Care



- Time management is one factor for success; it is important to take care of yourself and maintain health habits.
- Staying up all night before an exam to study will leave you physically and mentally depleted and may hurt your end result.
- The potential to lack sleep is prominent, limit those occurrences and develop good sleep hygiene habits.



# Self Care



- Maintain healthy habits, such as regular exercise and a balanced, nutritious diet.
- Family and friends are an important support system; don't hesitate to ask others to help.
- Make time in your schedule to engage in an activity that you find enjoyable. Go for a hike, watch a movie, or simply relax. Small breaks can do a lot to keep you refreshed.



# Self Care



- Please remember to tend to your spiritual needs, such as daily prayer and/or meditation.
- Stay connected to your spiritual community.
- GCU has ample spiritual resources on campus and online.
  - Students can attend Chapel and the Gathering at the main campus or view recorded services online.
  - The Spiritual Life page allows students to submit prayer requests or learn more about community outreach.

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Other Business

# IMPORTANT INFO

- ATP-310 Class
  - Mondays 10:00am to 10:55am
  - Chap Hall 45-101
- EXS-354
  - Mondays 10:00am to 10:55am
  - COE 33-107
- EXS-358
  - Tuesday 9:50-10:45am
  - COE 33-203
- All CONHCP MANDATORY meeting
  - 9/6/2017 (Wednesday) 5:00-7:30pm
    - Arena







Questions?